



[www.ConnectionsForIndependentLiving.org](http://www.ConnectionsForIndependentLiving.org)

1331 8th Ave., Greeley CO 80631 | (970) 352-8682 | [info@Connections4il.org](mailto:info@Connections4il.org)

## Summer 2020

Your **Connections for Independent Living staff** hopes that you are staying healthy and safe during this unique summer experience! Our team members have spoken with many of you by phone since the onset of COVID-19 to check on your safety and wellness and to connect you with helpful resources. In fact, we've made more than **3,100 calls since March 23** to personally reach members of the disabled community living in Weld, Yuma, Sedgwick, Washington, Morgan, Phillips, and Logan counties.



Throughout the COVID19 disruption, your Connections team has remained fully staffed (in remote settings) and firmly focused on its commitment to support individuals with disabilities. We've developed a multi-phase plan for allowing Connections participants and staff to return to our physical offices, and we encourage

you to watch our Facebook page at [www.facebook.com/CILgreeley](https://www.facebook.com/CILgreeley) for updates. **Our top priority remains the health and safety of team members and those we serve.**

Would you like to receive a weekly, bi-weekly, or monthly **Care Call from a Connections staff member**? Are you aware of an individual or a group of community members who could benefit from a call? Contact Colin Morey at [colin@connections4il.org](mailto:colin@connections4il.org) or 970-352-8682 (Ext 103) to let us know.



# Peer support groups

Connect with people who have similar life experiences and challenges by dropping in on one of our virtual peer support groups! Receive and share support and encouragement with others who are walking a journey similar to yours.



**Questions?** Contact Kevin Thompson, our Independent Living Specialist Outreach Director, at [kevin@connections4il.org](mailto:kevin@connections4il.org) or (970) 939-0161.

## Anxiety Support Group

**Third Thursday** of every month from 2:00-3:00pm.  
Zoom link: <https://us02web.zoom.us/j/86218709472>  
To call in: Dial +12532158782; enter 86218709472#

## Veterans Support Group

**Every Wednesday** from 3:30-5:00pm.  
Zoom link: <https://us02web.zoom.us/j/81692498500>  
To call in: Dial 1-669-900-6833; enter 81692498500#

## Chronic Pain and Illness Support Group

**First Thursday** of every month from 3:00-4:00pm  
Zoom link: <https://us02web.zoom.us/j/83030138798>  
To call in: Dial 1-346-248-7799; enter 83030138798#

## Self Advocacy Peer Support Group

**Second Tuesday** of every month from 10:00-11:00am.  
Zoom link: <https://us02web.zoom.us/j/84949531378>  
To call in: Dial 1-669-900-6833; enter 84949531378#

## Women's Disability Group

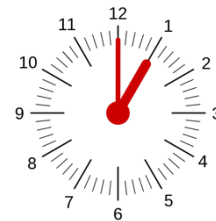
**Fourth Friday** of every month from 2:00-3:00pm.  
Zoom link: <https://us02web.zoom.us/j/89197179026>  
To call in: Dial 1-346-248-7799; enter 89197179026#

## Traumatic Brain Injury Support Group

**Second Monday** of every month at 1:00pm.  
Zoom link: <https://us02web.zoom.us/j/87692062801>  
To call in: Dial 1-253-215-8782; enter 87692062801#

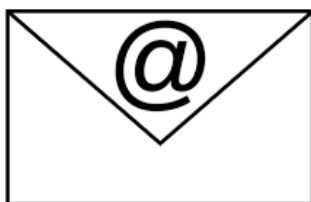
# Office Hours, Facebook, Technology Checkout, and Tech Mate Volunteers

Our office will close at 1:00 p.m. on Fridays through Labor Day weekend.



Stay tuned to our Facebook page at [www.facebook.com/CILgreeley](http://www.facebook.com/CILgreeley) to learn about our expanded offerings, including our new **Technology Checkout program**

We'll soon be seeking "Tech Mates" to support those we serve! **Volunteer Tech Mates will help unleash the power of technology** to ensure that people with disabilities have the skills and tools to connect with the outside world. These volunteers will work with Connections' participants/consumers to nurture the necessary skills to use a range of mainstream technology, including ChromeBooks, smartphones, and mobile apps.



**Would you like to receive future newsletters by email? Has your contact information changed?** If you have a new phone number, mail address, or email address, please let us know! You can contact the Connections team by phone at **(970) 352-8682** or by email at **info@Connections4il.org**.