

March

April



NEW OUTREACH VEHICLE!

Look out! Connections' is coming through! We're making ourselves even more accessible to those who need us to come to them! Our board members took some time to look over the new ride and design! Connections went through Signs First for our custom wrap to display our information for all to see! We think they did a great job!



GET TO KNOW OUR BOARD MEMBERS!

Kate Howell is a Colorado native who was born and raised in Sterling, CO. She is an Alumni of Northeastern Jr. College and Regis University. Her background includes a wealth of knowledge and experience in the hospitality industry, non-profit management, long term care social work and most recently Kate re-entered the real estate field joining RE/MAX Alliance in 2018. She immediately sought the designation of Senior Real Estate Specialist. Kate has always felt strongly that a person should give back to their community and is especially enthusiastic about helping those who are in need of a stable living environment.



I am excited to get a chance to introduce myself to the Connections for Independent Living community. I am **Elizabeth Mahoney**, I own a small business in Greeley, Complete Professional Development. I was seeking opportunities to become more involved in the Greeley community when I learned about the need for new Board Members at Connections for Independent Living in early Spring 2019. April will be my one-year anniversary of being a Board Member.

There have been a lot of change and growth opportunities for the Board, Staff, and Participants of Connections for Independent Living. We are in the process of hiring a new Executive Director and hope to have that position hired in the next few months. All these changes and opportunities we are going through now as an organization is giving us an opportunity to serve the Connections Participant and

See how far we can go!

Connections for Independent Living provides services in Greeley and all of Weld County. What you might not know is that Connections for Independent Living works with people of all ages and with all types of disabilities and our catchment area stretches all the way to the Nebraska border. Connections helps people in Morgan, Logan, Yuma, Washington, Sedgwick and Philips counties. We work with people by encouraging them to achieve their goals and to live as independently as possible. For additional information you can visit our website at Connectionsforindependentliving.org If you, or someone you know, needs support in reaching their full potential, please contact Kevin at Connections for Independent Living at 970-352-8682.

March, 2020

Mon	Tue	Wed	Thu	Fri
2  1:00-2:00p	3  3:00-5:00p	4  3:30-5:00p	5  3-4:30pm	6
9  1:00-2:00p	10 Self-Advocacy 10-11a	11  3:30-5:00p	12	13
16	17  3:00-5:00p  St. Patricks Day	18  3:30-5:00p	19  12-1pm  2:00-3:00p	20
23	24	25  3:30-5:00p	26  12:00-1:30p	27  2:00-3:00p
30	31  3:00-5:00p			



Coloring & Crafts Group: 1st Monday of every month **1-2PM**. A group for socializing and coloring and crafts













Let's Play BINGO: Come and play BINGO. Meet new people and win prizes. Group meets every other Tuesday from **3-5PM**.

Veterans' Support Group: Veterans helping other Veterans to promote recovery and independence. This group meets every Wednesday from **3:30-5PM**.

Chronic Pain/Illness Support Group: A support group for those living with chronic pain and illness. This group meets every first Thursday of the month from **3-4:30PM**.

Traumatic Brain Injury Support Group: A support group for those who have experienced a traumatic brain injury/stroke, etc. This group meets every second

April, 2020

Mon	Tue	Wed	Thu	Fri
		1  3:30-5:00p	2  3:00-4:30p	3
6  1:00-2:00p	7	8  3:30-5:00p	9	10
13  1:00-2:00p	14 Self-Advocacy 10-11am  3:00-5:00p	15  3:30-5:00p	16  12-1pm  2:00-3:00p	14
20	21	22  3:30-5:00p	23  12:00-1:30P	24  2:00-3:00p
27	28  3:00-5:00p	29  3:30-5:00p	30	



Chronic Pain/Illness Anonymous: A 12 step program for peer support, sponsors available. *Not treatment* This group meets every third Thursday from **12-1PM**.



WAND: The Weld Advocacy Network on Disabilities is committed to systems advocacy change in Weld County. This group meets at Connections for Independent Living every fourth Thursday of the month from **12-1:30PM**.

Anxiety Support Group: Participants share information about how they cope with anxiety and PTSD. This group meets every third Thursday from **2-3PM**.

Self-Advocacy



Self-advocacy Group: Participant lead group that teaches people how to advocate for themselves. This group meets the second Tuesday of each month from **10-11AM**.

Women's Disability Group: A safe environment for women to support each other. This group meets the last Friday of every month from **2-3PM**.

Meet the staff!



Ana was born and raised in Colorado. She's worked for non-profits for the past 20 years as a domestic violence advocate, case manager for youth in crisis, and as an Independent Living Specialist for people with disabilities. She attended the University of Northern Colorado and graduated from Aims Community College. In her free time she enjoys working on her art and shopping... a lot. She enjoys working at Connections because she loves seeing positive results when meeting the needs of people with disabilities and also working along with a great bunch of people who truly care about making a change in the disabled community. Ana is the Programs Director for Connections for Independent Living.

Peggy is a rare Colorado Native born and raised in the country in Southern Colorado where her nearest neighbor was 5 miles away. She loved growing up there; it taught her to appreciate the simple things in life. In her spare time, Peggy takes care of her small farm animals, sews, does crafts, photography, floral design, volunteers, teaches pre-school at her church and other church activities. She graduated from CSU with a degree in Systems Management/Computer Information Systems, has worked for HP, answered the Adult and Child Abuse Hotline through the county for several years, and is now the Transition Coordinator for Connections. A great place to work! Peggy's favorite thing about working for Connections is that her clients are such happy people!



Are you registered to vote? Would you like more information or need help registering?
Contact Jessica by email jessica@connections4il.org or call (970)352-8682.



Online at:

1331 8th Ave
 Greeley, CO 80631
 Phone: 970-352-8682
 800-887-5828
 Fax: 970-353-8058

Connections for Independent Living



Advancing Independence & Equality for People with Disabilities

Connections for Independent Living helps people with disabilities obtain choices and control in daily life. We are a nonprofit independent living center serving as an empowerment and learning community. Many of our staff members have disabilities, and we support people in developing their own goals and plans for attaining them.

¿Habla Español? Tenemos un boletín noticiario a solicitud.