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Connections Happenings!

Consumer Holiday Party

Thank you everyone who came to the Consumer Holiday Party! We had a great turn out (over 40 guests!) There was great food and door prizes. Thank you all who brought food and the Connections staff for making the Holiday party a success.

With a new year, comes new hopes and resolutions for the upcoming year and as we all know, keeping resolutions isn't easy. According to Huffington Post, only 8% of people stick with their New Year's resolutions. What makes keeping resolutions so hard? Many would say it's not keeping the resolution that's challenging but giving up habits that goes against the resolution. An individual could set the resolution of working out every morning and be successful....if they didn't go to bed late every night. Creating good habits doesn't happen over night, neither does ending bad habits.

Connections for Independent Living would like to help you be apart of the 8% who keeps their New Year's Goal. Contact your IL to talk about your 2019 goals and learn how your IL can help you make your goals happen.



Join us on **January 18th** for a showing of:

Ray

And **February 15th** for a showing of:

Gattaca

When: Friday, January 18th
Friday, February 15th

Films will be starting at 1:00pm. Light snacks and refreshments will be Provided.

If you are interested in more events like this, **LET YOUR ILS KNOW!** This is your center and we want to put on events you want to be a part of!

January 2019

Mon	Tue	Wed	Thu	Fri
	1	2 3:30pm Veteran's Group	3 10:45-11:15 Book- mobile 3-4:30 Chronic Pain	4
7 1pm Coloring Group	8 10am-11 Self- Advocacy Group 3pm4:30 Let's Play BINGO	9 3:30pm Veteran's Group	10	11
14	15	16 3:30pm Veteran's Group	17 10:45-11:15 Book -mobile	18 1pm Movie Showing of: Ray
21 OFFICE CLOSED : In Honor of Dr. MLK	22 10am-11 Low Vision Support 3pm4:30 Let's Play BINGO	23 3:30pm Veteran's Group	24	25 2pm-3 Women's Disability Group
28	29	30 3:30pm Veteran's Group	31 12-1:30 WAND	

February 2018

Mon	Tue	Wed	Thu	Fri
				1
4 1pm Coloring Group	5 3pm4:30 Let's Play BINGO	6 3:30pm Veteran's Group	7 10:45-11:15 Book-mobile 3-4:30 Chronic Pain	8
11	12 10am-11 Self-Advocacy Group	13 3:30pm Veteran's Group	14	15 1pm Movie Showing of: Gattaca
18 OFFICE CLOSED: Presidents' Day	19 3pm4:30 Let's Play BINGO	20 3:30pm Veteran's Group	21 10:45-11:15 Book-mobile	22 2pm-3 Women's Disability Group
25	26 10am-11 Low Vision Support	27 3:30pm Veteran's Group	28 12-1:30 WAND	



Advancing Independence & Equality for People with Disabilities

Connections for
Independent Living

1331 8th Ave

Greeley, CO



Connections for Independent Living helps people with disabilities obtain choices and control in daily life. We are a nonprofit independent living center serving as an empowerment and learning community. Many of our staff members have disabilities, and we support people in developing their own goals and plans for attaining them.

¿Habla Español? Tenemos un boletín noticioso a solicitud.

Connectionsforindependentliving.org

P: 970.352.8682

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F: 970.353.8058

Check it Out: Free Classes at Greeley Rec Center!

Come and Join the

Disability Advocacy Training!

Monday January 14th at 10-11am .

Registration deadline is January 7th

Another great class is,

Disability Finances Training

Monday February 11th 10-11am

Registration deadline is February 4th.

Contact Greeley Rec Center to register:

(970) 350-9400