

July/August 2016

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From the Director's Corner:

Here's hoping you all are having a great summer and enjoying the warm weather. Connections has been quite busy in the last few months, doing a little remodeling and sprucing up our building. Please join us July 26th for our ice cream social..This will be a celebration of the 26th anniversary of the American with Disabilities Act (ADA).While you are here, be sure and take a look at our updated space.

This month Connections said farewell to Lynda McCullough, OIB coordinator.We wish Lynda all the best and look forward to working with her in the future.We also bid a fond Farwell to Vista Volunteer Diana Rawles. Diana has been a wonderful addition to the staff and will be missed.

We have several new support groups and a new and improved craft group. Please contact your IL specialist for more information. Connections is YOUR center. Please let us know how we are doing.

In Solidarity,

Patricia D Ziegler, Executive Director

Great News! We will be having our 1st Fort Lupton Disability Support Group on August 17th at 10am at the Fort Lupton Housing Authority Clubhouse. For more info contact Colin at 970-352-8682

Fun Fact: The 1st International Special Olympics was held in July 1968 in Chicago. It included 1,500 athletes from the US and Canada.

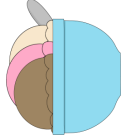
Please join us for Connections new support groups; **Chronic Pain Support Group** and **Veterans' Support Group**. The Chronic Pain Support Group is the 1st Thursday of every month from 3pm to 4pm.The Veterans' Support Group is every Wednesday at 3:30. Both groups are held at Connections in a safe and confidential environment.

Are you interested in books?

Are you interested in movies?

If you said yes to any of the above, we would love to hear from you! We would like to start a book club as well as movie nights at Connections. But we need YOUR input and YOUR help to make it into a reality! Please contact Kasie at 970-352-8682 or kasie@connections4il.org

J U L Y 2 0 1 6

Mon	Tue	Wed	Thu	Fri
				1 10am-12pm Game Day
4 Closed for Holiday	5 1pm-2pm Craft Group 2:15-3:30pm Balancing Life	6 3:30pm Veteran's Support Group	7 11am-12pm Bookmobile 3pm-4pm Pain Support Group	8
11	12	13 1:45-2:45pm Adap. Yoga @Rec center 3:30pm Veteran's Support Group	14 1pm-2:30pm TBI Group 3pm-4:30 Musicians' Circle	15 10am-12pm Game Day
18	19 1pm-2pm Craft Group 2:15-3:30pm Balancing Life	20 3:30pm Veteran's Support Group	21 11am-12pm Bookmobile	22
25	26 12pm-1:30pm ADA Ice Cream Social 	27 10am-11am Low Vision Sup- port Group 1:45-2:45pm Adap. Yoga @Rec center 3:30pm	28 12pm-1pm WAND 1pm-2:30pm TBI Group	29

Adaptive Yoga at Greeley Rec Center—Gentle, yoga mostly in chairs, adapted for each individual.

Balancing Life—Topics related to a balanced life, such as dealing with stress, are presented for group discussion.

Bookmobile— The High Plains Library brings a selection of books and movies to Connections for your convenience

Craft Group: Endless Creations and Conversations—Group members work on a craft of their choosing which can include coloring.

Game Day-Come enjoy playing games at Connections.

Low Vision Support Group—Learn about and share strategies for living.

Pain Management Group—A support group for those living with chronic pain.

TBI Group-A support group for those who have suffered a traumatic brain injury.

Musicians' Circle— A chance to play music with players from all styles and skill levels at Connections. Some instruments provided, All welcome!

TBI Group-A support group for those who have suffered a traumatic brain injury

Veterans' Support Group

WAND— Weld Advocacy Network on Disabilities is a group committed to improving accessibility in Greeley

At Connections we not only want to provide support to our consumers but our consumers caregivers. If you or someone you know would be interested in a caregiver support group, please contact Patricia Ziegler at 970-352-8682.

Questions? Refer to our online calendar or call (970) 352-8682

AUGUST 2016

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Advancing Independence & Equality for People with Disabilities

Connections for Independent Living helps people with disabilities obtain choices and control in daily life. We are a nonprofit independent living center serving as an empowerment and learning community. Many of our staff members have disabilities, and we support people in developing their own goals and plans for attaining them.

¿Habla Español? Tenemos un boletín noticioso a solicitud.

Wheelchair Clinics

Are you having issues with your wheelchair? Contact your independent living specialist to sign up for repair services with Numotion.

Numotion provides “mobility solutions,” including repairs and sales of wheelchairs. A Numotion staff member will come to Connections periodically to assist you.

Call for Gardeners!



Come join us for planting, tending, harvesting, and eating! Call Connections.

Staff Feature: Trinicia Everett

I am Trinicia Everett, Connections for Independent Living’s newest receptionist! I am originally from Thibodaux, Louisiana. I’ve been in Greeley for 12 years and have come to love living in a mid-size city. I became involved with Connections for Independent Living in 2008-2009 after experiencing a Central Retinal Vein Occlusion and later NeoVascular Glaucoma in my right eye in 2007. Connections for Independent Living have been very instrumental in my adjusting to my “new normal”. Being a person with an acquired disability has been a mixed blessing. As I have met each challenge head on, being a partially sighted individual, I have also become an advocate for people with disabilities. The confidence required to meet challenges and advocate comes from my being a former consumer and volunteer with Connections for Independent Living. I love being able to give back to Connections for all it’s given me! I also love assisting the staff and consumers of Connections for Independent Living. In my spare time, I enjoy being a part of my Up All Night Book Club of Denver, going to Church and spending time with my daughter and her cat, Zella.

