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Check it Out !

Connections Happenings!

As many know, time flies by and as it goes, so do memories. Memories such as your password to Facebook or the street name where your childhood home was. In this newsletter, we would like to take the time and refresh your memory on Connections Five Core services.

Advocacy

Assist individuals with disabilities seeking access to benefits, services, and programs to live in the community.

Information and Referral

Providing assistance in getting connected to appropriate community support.

Peer Support

50% of the staff are persons with disabilities and can provide support, education, and resources to consumers to help in overcoming barriers and understanding of living with a disability.

Transition

Assistance to those desiring to leave a long term nursing facility and move into independent community living.

Assistance to youths as they transition to adulthood.

Independent Living Skills Training

Assistance in developing independent living skills such as personal care, coping, financial/household management and social skills



Join us on **March 15th** for a showing of:

Forrest Gump
1pm-3:30pm

And **April 26th** for a showing of:

Still Alice
1pm-3pm

When: **Friday, March 15th**
Friday, April 26th

Films will be starting at 1:00pm. Light snacks and refreshments will be Provided.

If you are interested in more events like this, **LET YOUR ILS KNOW!** This is your center and we want to put on events you want to be a part of!

March 2019

| Mon | Tue | Wed | Thu | Fri |
|-----------------------------------|--|-------------------------------------|--|--|
| 4 1pm Coloring Group | 5 3pm-4:30 Let's Play BINGO | 6 3:30pm Veteran's Group | 7 10:45-11:15 Book-mobile 3-4:30 Chronic Pain | 1 |
| 11 1pm TBI | 12 10am-11 Self- Advocacy Group | 13 3:30pm Veteran's Group | 14 | 15 1pm-3:30pm Movie: Forrest Gump |
| 18 | 19 3pm-4:30 Let's Play BINGO | 20 3:30pm Veteran's Group | 21 10:45-11:15 Book-mobile | 22 2pm-3 Women's Disability Group |
| 25 | 26 10am-11 Low Vision Support | 27 3:30pm Veteran's Group | 28 12-1:30 WAND | 29 |

April 2019

| Mon | Tue | Wed | Thu | Fri |
|-------------------------|-------------------------------------|------------------------------|---|--|
| 1 1pm Coloring Group | 2 3pm-4:30 Let's Play BINGO | 3 3:30pm Veteran's Group | 4 10:45-11:15 Book-mobile 3-4:30 Chronic Pain | 5 |
| 8 1pm TBI | 9 10am-11 Self-Advocacy Group | 10 3:30pm Veteran's Group | 11 | 12 |
| 15 | 16 3pm-4:30 Let's Play BINGO | 17 3:30pm Veteran's Group | 18 10:45-11:15 Book-mobile | 19 Good Friday Office Closing at 12pm |
| 22 | 23 10am-11 Low Vision Support | 24 3:30pm Veteran's Group | 25 12-1:30 WAND | 26 1pm- 3pm Movie: Still Alice Women's Disability Group |
| 29 | 30 | | | |



Advancing Independence & Equality for People with Disabilities

Connections for
Independent Living

1331 8th Ave

Greeley, CO



Connections for Independent Living helps people with disabilities obtain choices and control in daily life. We are a nonprofit independent living center serving as an empowerment and learning community. Many of our staff members have disabilities, and we support people in developing their own goals and plans for attaining them.

¿Habla Español? Tenemos un boletín noticioso a solicitud.

Connectionsforindependentliving.org

P: 970.352.8682

800.887.5828

F: 970.353.8058

Check it Out:

Check out some of the new programs
Greeley Recreation's AIR (All Inclusive Recreational)
program is offering!

Adaptive T'ai Chi Chih- March 5-26 at the Greeley Recreation Center

Ages 12-15: 2-3pm Age 16+: 6-7pm

Fee: \$30

Inclusive Dance Class- March 4-25 at the Active Adult Center

Age 12+

4-5pm

Fee: \$25

Craft Hour- April 9-23 at the Family FunPlex

Age 12+

4:30-5:30pm

Fee: \$9

Contact Greeley Rec Center to register: (970) 350-9400