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Note from the Executive Director

As the warmer months quickly approach, we are excited about getting our garden up to snuff and planning an open house to show of some very welcome interior changes we think you might like. I also want to remind all of you that Connections is a consumer-controlled agency, meaning we take our lead from the people we serve. We are always eager to hear your suggestions about new activities, programs, or groups. In a few weeks we will have a comment box at the front desk, and we hope you will let us know how we are doing. You are also welcome to call me at Connections to discuss concerns or comment. I am excited about the future of Connections, and I want to know what you are thinking. In solidarity,
 Patricia Ziegler,
 Executive Director

Thanks to all our Gala Supporters, Friends, and Vendors!

Thank you to all our supporters, friends, and vendors for making our 19th Annual Gala of Wines a great event! A special thanks to committee chair	Carolyn Prior and members Phil and Robin Brewer, Trinicia Everett, Gail Sullivan, Maggie Allen, and Jane Tateyama. All proceeds will help us provide services and support to	people with disabilities. <i>Thank you sponsors:</i> Baessler Homes Growling Bear Construction Phelps-Tointon, Inc PASCO	Bank of Colorado Kennedy Dental Nature's Herb and Wellness Gordon's Discount Liquor Mart K99 Radio, Todd Harding The Greeley Tribune University of No Co
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New Pain Management and Veteran's Groups

Connections is starting a new Chronic Pain Support Group , the "brain child" of UNC intern David Dalgarn: David has experienced phantom pain and is excited to facilitate discussion. The pain group will be held the first Thursday of each month from 3:00 to 4:00 pm in Connections' conference room and will include education, group discussion, and support. For more info, call David.	Veteran's Group 	Chris, a former Marine with many years experience serving veterans. Please join us and let us know your concerns, interests, and how often you'd like to meet.
This group begins on Wednesday, May 17, 3:30 pm at Connections. It will be facilitated by		

May 2016

Mon **Tue** **Wed** **Thu** **Fri**

2	3 1:00-2:00 Craft Group	4 1:45 Greeley Rec	5 11AM-Noon Bookmobile	6 10AM-Noon
	2:15-3:30 Balancing Life	Center Adaptive Yoga	3PM-4:00PM Pain Support Grp	Game Day
9	10	11 3:30 to 4:30 Veterans' Support Group	12 1PM-2:30PM TBI Group 3PM-4:30PM Musicians' Circle	13
16	17 1:00-2:00 Craft Group	18 1:45 to 2:45 Greeley Rec	19 11AM-Noon Bookmobile	20 10AM-Noon
	2:00-3:00 ID Theft & Fraud	Center Adaptive Yoga	Bookmobile	Game Day
23	24	25 10AM-11AM Low Vision Support Group	26 Noon-1PM WAND	27
30 Memorial Day, Office Closed	31			
<p>Questions? Refer to our online calendar at www.connectionsforindependentliving.org/news-events/ or call (970) 352-8682.</p>				

Adaptive Yoga at Greeley Rec Center—Gentle, yoga mostly in chairs, adapted for each individual.

Balancing Life—Topics related to a balanced life, such as dealing with stress, are presented for group discussion.

Bookmobile—The High Plains Library brings a selection of books and movies to Connections for your convenience

Craft Group: Endless Creations and Conversations—Group members work on a craft of their choosing which can include coloring.

Game Day—Come enjoy playing games at Connections.

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Low Vision Support Group—Learn about and share strategies for living.

Pain Management Group—A support group for those living with chronic pain.

TBI Group—A support group for those who have suffered a traumatic brain injury.

Musicians' Circle—A chance to play music with players from all styles and skill levels at Connections. Some instruments provided, All welcome!

TBI Group—A support group for those who have suffered a traumatic brain injury

Veterans' Support Group—Pilot Meeting
WAND—Weld Advocacy Network on Disabilities is a group committed to improving accessibility in Greeley

June 2016

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20	21 1:00-2:00 Craft Group 2:15-3:30 Balancing Life	22	23 11AM-Noon Bookmobile		24
27	28	29 10AM-11AM Low Vision Support Group 1:45 Yoga Greeley Rec	30 Noon-1PM WAND		
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Connectionsforindependentliving.org



Advancing Independence & Equality for People with Disabilities

Connections for Independent Living helps people with disabilities obtain choices and control in daily life. We are a nonprofit independent living center serving as an empowerment and learning community. Many of our staff members have disabilities, and we support people in developing their own goals and plans for attaining them.

¿Habla Español? Tenemos un boletín noticioso a solicitud.

Wheelchair Clinics

Are you having issues with your wheelchair? Contact your independent living specialist to sign up for repair services with Numotion.

Numotion provides “mobility solutions,” including repairs and sales of wheelchairs. A Numotion staff member will come to Connections periodically to assist you.

Call for Gardeners!



Come join us for planting, tending, harvesting, and eating! Call Lynda at Connections.

Staff Feature: Kasie Sankey

We are very pleased to announce we have a new staff member. Kasie Sankey will be working full-time as an Independent Living Specialist. She graduated in Spring 2014 from UNC with a Bachelor of Science degree in Human Services and minors in English, Women’s Studies, and Philosophy.

Originally from Thornton, Colorado, Kasie ventured up to Greeley to attend UNC, and then worked for a year as a rehabilitation counselor at Frontier House before coming to

Connections. She loves working with people and is excited about serving consumers.

In her spare time, Kasie likes to read, cook, and try various do-it-yourself projects. Welcome Kasie, we’re glad you’re here!



Kasie Sankey