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From the Director's Corner:

It's so hard to believe that September is almost here. With school starting, we are working with area schools to identify youth with disabilities that are 18-22 years old and are interested in socialization and group activities. Connections will be holding a six week course on Systems Change and Individual Advocacy in the fall. If you or someone you know that meets the above criteria and wishes to learn more about the course please contact Patricia.

Connections is excited to announce that we will be hosting acclaimed singer Mandy Harvey at the Moxi Theater on October 14th at 8:00 pm. Mandy is an acclaimed who was born deaf. She has developed quite a following and frequently plays at Dazzle in Denver. Please join us for a beautiful evening and support Connections in the process! Tickets are \$20.00 in advance and \$30.00 at the door. The Moxi is located at 802 9th St. in downtown Greeley.

Fact of the Month: The Case for Inclusion 2015 released by United Cerebral Palsy reported Colorado was #6 in the U.S. with the best polices in place to improve the lives of people with disabilities. Arizona was ranked #1 and Mississippi was ranked the lowest.



Connections will be **CLOSED** on **September 5th** for Labor Day!

Please join us for Connections new support groups; **Chronic Pain Support Group** and **Veterans' Support Group**. The Chronic Pain Support Group is the 1st Thursday of every month from 3pm to 4pm. The Veterans' Support Group is every Wednesday at 3:30. Both groups are held at Connections in a safe and confidential environment.

Are you interested in books?
Are you interested in movies?

If you said yes to any of the above please visit the High Plains Library Book Mobile at any the following locations

- Bonell: 9am-10:30
- Connections: 10:45-11:45
- Joe P Martinez Apts: 1pm-2
- Garden Square: 2:30-3:30

DATES
 Sept 1 & 15; Oct 6 & 20
 Nov 3 & 17; Dec 1 & 15
 Jan 5 & 19; Feb 2 & 16
 Mar 2 & 16; Apr 6 & 20
 May 4 & 18

SEPTEMBER 2016

Mon	Tue	Wed	Thu	Fri
			1 11am-12pm Bookmobile 3pm-4pm Pain Support Group	2 1pm-2pm Craft Group 2:15-3:30pm Balancing Life
5 LABOR DAY OFFICE CLOSED	6 10am-12pm Game Day	7 3:30pm Veteran's Support Group	8 1pm-2:30pm TBI Group 3pm-4:30 Musicians' Circle	9
12	13	14 1:45-2:45pm Adap. Yoga @Rec center 3:30pm Veteran's Support Group	15 11am-12pm Bookmobile	16 1pm-2pm Craft Group 2:15-3:30pm Balancing Life
19	20 10am-12pm Game Day 2pm-3pm Cancer Presentation	21 3:30pm Veteran's Support Group	22 1pm-2:30pm TBI Group	23
26 2pm-3pm Book Club	27	28 10am-11am Low Vision Support Group 1:45-2:45pm Adap. Yoga @Rec center 3:30pm Veteran's Support Group	29 12pm-1pm WAND	30 1pm-2pm Craft Group 2:15-3:30pm Balancing Life

Adaptive Yoga at Greeley Rec Center—Gentle, yoga mostly in chairs, adapted for each individual.

Balancing Life—Topics related to a balanced life, such as dealing with stress, are presented for group discussion.

Bookmobile— The High Plains Library brings a selection of books and movies to Connections for your convenience

Craft Group: Endless Creations and Conversations—Group members work on a craft of their choosing which can include coloring.

Game Day—Come enjoy playing games at Connections.

Low Vision Support Group—Learn about and share strategies for living.

Pain Management Group—A support group for those living with chronic pain.

TBI Group—A support group for those who have suffered a traumatic brain injury.

Musicians' Circle— A chance to play music with players from all styles and skill levels at Connections. Some instruments provided, All welcome!

TBI Group—A support group for those who have suffered a traumatic brain injury

Veterans' Support Group

WAND— Weld Advocacy Network on Disabilities is a group committed to improving accessibility in Greeley

At Connections we not only want to provide support to our consumers but our consumers caregivers. If you or someone you know would be interested in a caregiver support group, please contact Patricia Ziegler at 970-352-8682.

OCTOBER 2016

Mon	Tue	Wed	Thu	Fri
3	4 10am-12pm Game Day	5 3:30pm Veteran's Support Group	6 11am-12pm Bookmobile 3pm-4pm Pain Support Group	7 1pm-2pm Craft Group 2:15-3:30pm Balancing Life
10	11	12 1:45-2:45pm Adap. Yoga @Rec 3:30pm Veteran's Support Group	13 1pm-2:30pm TBI Group 3pm-4:30 Musicians' Circle	14 8:00Pm Mandy Harvey Performance at the Moxi Theater
17	18 10am-12pm Game Day	19 3:30pm Veteran's Support Group	20 11am-12pm Bookmobile	21 1pm-2pm Craft Group 2:15-3:30pm Balancing Life
24	25	26 10am-11am Low Vision Support Group 3:30pm Veteran's Support Group	27 12pm-1pm WAND 1pm-2:30pm TBI Group	28
29	30	31 1:45-2:45pm Adap. Yoga @Rec 3:30pm Veteran's Support Group		

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Questions? Refer to our online calendar or call (970) 352-8682



Connections for Independent Living

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800-887-5828
Fax: 970-353-8058

Online at:
Connectionsforindependentliving.org



Advancing Independence & Equality for People with Disabilities

Connections for Independent Living helps people with disabilities obtain choices and control in daily life. We are a nonprofit independent living center serving as an empowerment and learning community. Many of our staff members have disabilities, and we support people in developing their own goals and plans for attaining them.

¿Habla Español? Tenemos un boletín noticiario a solicitud.

Wheelchair Clinics

Are you having issues with your wheelchair? Contact your independent living specialist to sign up for repair services with Numotion.

Numotion provides “mobility solutions,” including repairs and sales of wheelchairs. A Numotion staff member will come to Connections periodically to assist you.

Call for Gardeners!



Come join us for planting, tending, harvesting, and eating! Call Connections.

Staff Feature:

Hello everybody, my name is David Dalgarn. Christopher is my first name, and David is my middle name, but I prefer to be called David. Have all my life. I get a lot of people calling me Christopher from time to time. What’s funny is that sometimes I don’t even respond to my first name. I moved to Greeley Colorado in 2009 after a spinal cord injury. My mother and sister took the journey with me from Granby Colorado. I am active in the community with the various support groups, and also attend fellowships regularly. I am so thankful for the opportunity to serve the consumers in Greeley Colorado.

